

special considerations

- If you have high blood pressure, heart conditions, are pregnant or have any other medical complications, may we advise you to consult your doctor before committing to any spa treatments. Please make your spa therapist aware of any medical conditions.

opening hours

- Spa Salveo is open daily, please consult with reception for opening hours dial 2155.
- Open seven per week.

gift vouchers

- The ideal gift for any special occasion, Spa Salveo gift vouchers are available for any treatment, product or package.
- Gift vouchers are non-refundable and must be presented at time of treatment or purchase. Vouchers cannot be exchanged for cash.

cancellation

- A minimum of 48 hours notice must be offered when cancelling a booking or the full cost of the appointment will be charged.
- Treatment details and prices are correct at the time of going to print although management reserve the right to alter them at any time.

To ensure the perfect experience...

- Please be aware that spa Salveo's facilities are available to persons over eighteen years of age only.
- We recommend that you book at least 4-6 weeks in advance or if you are planning a trip to stay in the hotel, at the time of reservation.
- All bookings must be confirmed with a credit card.
- Please arrive 30 minutes prior your treatment booking time, arriving late may interfere with your treatment and in some cases we may be forced to re-schedule your appointment. All appointments will end at their scheduled time so that the next guest will not be delayed.
- Spa Packages are to be paid in full prior to arrival.
- Cancellation a minimum of 24 hours in order to reschedule your treatments booked. Failure to cancel treatments will result in the treatment being charged in full to your credit card.
- Vouchers are suitable for payments of treatments, packages and product, vouchers can not be refunded.
- If you suffer from any medical condition - including pregnancy, please advise us prior to arrival.
- Please keep noise to a minimum.
- Please turn off mobile phones and lap tops.
- Swim wear must be worn in the pool and thermal suites.
- Caps must be worn in pool.
- Underwear must be worn during spa treatments.
- Please communicate comfort levels throughout your treatment.
- Gratuities are not included in the treatment price.
- Your therapist will advise on a home care package after your treatments, your home care recommendation will be tailored to your specific concerns.



spa salveo thermal suite

monsoon shower

Imagine the exhilaration that showering with over fifty litres of water a minute can provide, with either thermostatically controlled hot or invigoratingly cold water. Add the subtle mood enhancing red or blue lights and “the monsoon” is the ultimate shower experience.

salt brine inhalation room

This steam room infuses saline solution into the air, providing an environment that is excellent for anyone with sinus concerns.

scented steam room

Let the gentle warmth of steam infused with natural essences completely relax the mind and body whilst listening to the sounds of birdsong a gentle flowing stream or waves lapping on a tropical shore. Relaxing fibre optic lighting fills the ceiling with an array of constantly changing colour.

herbal sauna

Allow yourself to be immersed in the comfort and warmth of the herbal sauna. The unique lighting system provides colour therapy that soothes the mind and soul.

aromatherapy grotto

De-stress and relax in a warm room filled with the soothing aromas of lavender rosemary or pine, under a starlit sky to the relaxing sound of panpipes or lapping waves. The perfect room in which to de-stress and chill out.

spa salveo signature treatments

serail mud chamber

50mins

This traditional Arabic cleansing ritual is the ideal treatment to share with your partner or friend. The skin is prepared by body brushing, which is the first step to detoxifying the system. The self application of therapeutic muds follows, whereupon you enter a double treatment room. Herbal steam is released, while the muds work to detoxify and soften the skin. Enjoy and invigorating shower before an application of hydrating oil, leaving you skin like velvet.

The therapeutic mud has outstanding healing properties, excellent for aching joints and muscles, rheumatism and skin disorders.

dry flotation

Floating is a wonderful way of attaining deep relaxation - it has been said that just one hour of floating can have the effect of four hours of deep sleep. The dry float is a flexible membrane of heated water. Experience the benefits of virtual weightlessness in the warmth and comfort on a float.

Choose from the following wraps:

- Moor Mud Wrap **60 mins**
Moor Mud is legendary for its powerful therapeutic properties. Several thousand-year-old moor mud remineralizes, soothes and rejuvenates tired muscles and dull skin.
- Organic Essential Oil Wrap **60 mins**

A luxurious application of Organic aromatherapy oils mixed with Thermal Mineral Crème to relieve muscle tension, promote detoxification and hydration. Your skin is left superbly hydrated and nourished.



spa salveo massage therapy

aromatherapy

For thousands of years, people have relied on the power of plants and scent to lift their moods, calm their minds, and awaken their spirits. Kerstin Florian, we've spent years researching the connections between the life-enhancing constituents of essential oils and the sense of smell to refine this ancient approach to renewal and well-being. With a select bouquet of organic aromatic oils, Kerstin Florian created a line of unsurpassed aromatherapy products. Our masterful compositions derive from fruits, blossoms, leaves, bark, roots, berries, twigs, seeds and rind. Whether in a bath or creme, they confer lightness, energy, peace, or clarity. Reawaken your senses. Reconnect with nature. And restore your health.

organic deep tissue full body massage

50mins

This deep massage is focuses on stress and eases chronic muscle tension. Rhythmic massage pressure gives the body a vigorous work out. This massage can be tailored to concentrate on your specific areas of concern.

organic deep tissue back, neck and shoulder massage

20mins

This deep massage focuses primarily on the back neck and shoulders to relive chronic muscle tension.

organic swedish full body massage

50mins

A soothing relaxing massage tailor made to suit your needs, using a blend of aromatherapy oil.

organic swedish back massage

20mins

Soothing back, neck and shoulder massage.

deluxe hot stone therapy massage (full body)

60mins

This powerful and luxurious treatment uses heated basalt stones to penetrate deeply into the muscle to relieve muscular tension, promoting physical and psychological relaxation, promoting inner peace and a healthier state of well being.

deluxe hot stone back, neck and shoulder

25mins

This powerful and luxurious treatment uses heated basalt stones to penetrate deeply into the muscle to relieve muscular tension, promoting physical and psychological relaxation, promoting inner peace and a healthier state of well being. Back neck and shoulders.

therapeutic infrared massage (full body)

60mins

Experience the healing effects of this alternative massage, combining conventional therapeutic massage with Infrared therapy relieves stress, muscle spasms, aching joints, muscle pain and arthritis associated pain.

therapeutic infrared massage (back, neck and shoulders)

30mins

A therapeutic massage concentrating primarily on the muscles on the back, neck and shoulders.

salveo ritual

115mins

From the soles of your feet to the crown of your head, this treatment is the ultimate in skin therapy. Full Body deep tissue massage followed by a relaxing specific facial, achieve dramatic results instantly!

turkish scrub and full body massage

90mins

Unique Turkish mineral salts exfoliate the skin, stimulate circulation, uplift and energise, the salt scrub is removed with hot towels, a relaxing full body massage follows leaving your skin like velvet.

spa salveo

body treatments

kur program

For centuries, the European spa experience has been centered around the practice of "Taking the Kur", a series of treatments that typically continue for ten to twenty days at a time, four times a year. Using natural resources such as thermal mineral water, purifying algae, rare mud, essential oils and herbs, the Kur satisfies the body's craving for minerals and nutrients, leaving the skin refreshed and the mind relaxed and balanced. The following treatment packages remineralise, nourish and balance the body:

thermal mineral kur

90mins

Based on the centuries old European tradition of using mud, and light massage therapy, this treatment has a detoxifying and totally relaxing effect. Two treatments in one, this Kur begins with an organic Moor Mud body wrap. The mineral mud is showered off and the treatment is followed by a full body massage using a soothing mineral crème mixed with a detoxifying essential oil.

lavender dreams

90mins

Relax. Dreams of lavender fields kissed by the French sun envelop your senses as you drift on waves of blue. Breathe deep. Inhale the calming and balancing benefits of wild lavender in this completely uplifting and rejuvenating spa experience which includes a two step invigorating full body scrub, and a full body massage.

aromatherapy kur

90mins

Experience a 3,000-year-old ritual of rejuvenation. This unique treatment begins with an invigorating mineral salt and essential oil exfoliation. A luxurious aromatherapy massage using essential oils intuitively chosen by the therapist.

kräuter kur

90mins

Two treatments in one, this Kur commences with a soothing Chamomile Body Scrub to cleanse and exfoliate and a full body massage with lavender oil completes the experience, leaving one feeling totally revitalized.

spa salveo

body scrubs

Traditionally, salt and granulated pumice stone have been used for centuries to clean the body. We have followed this tradition and have assembled three body scrubs to suit all skin types. Invigorating, medium and gentle.

turkish salt scrub

45mins

An invigorating thermal mineral salt exfoliation applied in a two-step treatment utilizing thermal salt, rich in minerals and trace elements, followed by a loofah scrub with Thermal Mineral Shower/Bath Gel.

hungarian body scrub

45mins

A two-step, deep cleansing body exfoliation utilizing Exfoliating Body Scrub based on granulated pumice stone, thermal minerals and aromatherapy oils followed by a loofah scrub with Thermal Mineral Shower/Bath Gel.

chamomile body scrub

45mins

This two-step, gentle body exfoliation utilizes a granulated pumice stone in a creme-base followed by a loofah scrub with Chamomile Shower/Bath Gel, rich in botanicals.

spa salveo hand and foot

aroma hand treatment 45mins

This deluxe treatment incorporates a soothing thermal mineral soak followed by a hand exfoliation, scalp, hand and arm massage.

aroma hand treatment with manicure 60mins

This deluxe treatment incorporates a soothing mineral soak followed by a hand exfoliation, scalp, hand and arm massage. Treatment includes full manicure and nail paint.

deluxe foot treatment 45mins

This deluxe foot treatment stimulates the circulation to revitalize and re-mineralise the feet. It includes a relaxing foot soak using Fuß, salts and eucalyptus bath, followed by a Turkish exfoliation scrub and completed with a de-stressing foot massage using cooling Fuß balm.

deluxe foot treatment with pedicure 60mins

This deluxe foot treatment stimulates the circulation to revitalize and re-mineralise the feet. It includes a relaxing foot soak using Fuß, salts and eucalyptus bath, followed by a Turkish exfoliation scrub and completed with a de-stressing foot massage using cooling Fuß balm. The treatment includes a full pedicure and nail paint.

spa salveo body wraps

Natural Resources such as thermal mud and essential oils warmed during treatments, soothe the mind, promote circulation and detoxify the skin, as they help to relieve muscle aches and pains.

spirulina wrap 60mins

Using an all-natural, live Spirulina Algae harvested from pure salt lakes in Southern California, this seaweed treatment imparts essential vitamins, minerals and protein to nourish and revitalize the body. Very effective when used as part of a slimming or nourishing program.

moor mud wrap 60mins

Moor Mud is legendary for its powerful therapeutic properties. This moor mud is a blend of botanical materials, which has had natural interaction with thermal mineral water. Several thousand-year-old moor mud remineralizes, soothes and rejuvenates tired muscles and dull skin. Applied in a full body wrap, including face application.

essential oil wrap 60mins

A luxurious application of aromatherapy oils mixed with Thermal Mineral Crème to relieve muscle tension, promote detoxification and hydration. Your body is first exfoliated after which you are lulled into unconsciousness as your oils are applied. While your oils penetrate deeply, the face is gently massaged. Your skin is left superbly hydrated and nourished.



Kerstin Florian has created luxurious facials, which address all skin types. Unique to Kerstin Florian treatments are two distinctive facial massages along with a results orientated fifteen point acupressure exercise.

ANTI-AGEING FACIAL THERAPY

antioxidant vitamin c facial 60mins

This oxygenating, anti-ageing facial utilises ingredients brimming with antioxidants - including an application of a natural Spirulina Algae rich in protein, vitamins, minerals and botanical extracts - to combat premature ageing and provide skin with a healthy glow. This facial includes a luxurious massage, a Vitamin C Ampoule and hydrating hand treatment. Skin becomes visibly smoother and younger looking.

ANTI-AGEING FACIAL THERAPY

aromatherapy facial 90mins

Reconnect with nature, spirit and self with this deluxe facial based on the ancient and influential art of Aromatherapy. Centered around a global bouquet of skin renewing aromatic oils, this facial imparts complete vitality and relaxation. Includes an invigorating foot soak, specially developed aromatherapy facial, scalp and foot massage and Couperose or Vitamin C Ampoule.

ADVANCED ANTI-AGEING FACIAL

caviar facial 90mins

A decadent, luxurious facial that firms, tones, refines and deeply hydrates the skin with protein rich Caviar and powerful antioxidants. Exclusive Caviar products infuse the skin with age defying nutrients to smooth fine lines and improve texture. A lifting facial massage visibly firms and tones, while our Marine Matrix Sheet provides intensive hydration to instantly restore radiance. Results are immediate, leaving skin looking supple, healthy and luminescent.

refresher facial 30mins

A deep cleansing introductory facial based on Hungarian Moor Mud, which refines and remineralizes dull, lifeless skin. Includes a skin analysis and short massage of the face and shoulders, as well as a hand treatment.

spa salveo specific facial 60mins

A relaxing treatment for any skin type which includes a gentle exfoliation to remove dull surface skin cells, a luxurious massage, hydrating or cleansing masque and botanical extracts to rejuvenate and nourish the skin. A heated hand treatment completes the experience.

med skin rescue facial 90mins

The ultimate sensitive skin facial protects, corrects and rebuilds skin affected by environmental elements, rosacea, aggressive peels and laser treatments. Using natural Med Skin Products and original techniques this luxury treatment includes an algae peel off masque to calm inflammation and uniquely nourish and heal each sensitive skin condition. Facial includes a relaxing pressure point scalp massage also hand, arm and nail treatment.

med skin correcting facial 90mins

This facial corrects and improves uneven skin colour, fine lines, hyperpigmentation, dull or dry patches, clogged or enlarged pores and loss of elasticity. Using natural Med Skin Care products and original techniques the treatment includes a 20% glycolic peel and enzyme peel for accelerated skin refinement. Facial includes a relaxing pressure point scalp massage also hand, arm and nail treatment.

